

THE CATHOLIC CHURCHES OF



ST BERNARD

201 Main St. Blencoe, IA



ST JOHN

1009 13th St., Onawa, IA



ST JOSEPH

510 Tipton St., Salix, IA

THE FIRST SUNDAY IN LENT

FEBRUARY 21, 2021

FROM FR. MICHAEL

Q: When does Lent begin?

A: Lent begins on Ash Wednesday, which is the day on which they faithful have their foreheads signed with ashes in the form of a Cross (see piece on Ash Wednesday). It is also a day of fast and abstinence.

Q: What is a day of fast and abstinence?

A: Under current canon law in the Western Rite of the Church, a day of fast is one on which Catholics who are eighteen to sixty years old are required to keep a limited fast. In this country, one may eat a single, normal meal and have two snacks, so long as these snacks do not add up to a second meal. Children are not required to fast, but their parents must ensure they are properly educated in the spiritual practice of fasting. Those with medical conditions requiring a greater or more regular food intake can easily be dispensed from the requirement of fasting by their pastor.

A day of abstinence is a day on which Catholics fourteen years or older are required to abstain from eating meat (under the current discipline in America, fish, eggs, milk products, and condiments or foods made using animal fat are permitted in the Western Rite of the Church, though not in the Eastern Rites.) Again, persons with special dietary needs can easily be dispensed by their pastor.

Q: Is there a biblical basis for abstaining from meat as a sign of repentance?

A: Yes. The book of Daniel states:
"In the third year of Cyrus king of Persia . . . 'I, Daniel, mourned for three weeks. I ate no choice food; no meat or wine touched my lips; and I used no lotions at all until the three weeks were over.'" (Daniel 10:1-3)

Q: In addition to Ash Wednesday, are any other days during Lent days of fast or abstinence?

A: Yes. All Fridays during Lent are days of abstinence. Also, Good Friday, the day on which Christ was crucified, is another day of both fast and abstinence.

All days in Lent are appropriate for fasting or abstaining, but canon law does not require fasting on those days. Such fasting or abstinence is voluntary, like a freewill offering.

Q: Why are Fridays during Lent days of abstinence?

A: This is because Jesus died for our sins on Friday, making it an especially appropriate day of mourning our sins (just as Sunday, the day on which he rose for our salvation is an especially appropriate day to rejoice) by denying ourselves something we enjoy. During the rest of the year Catholics in this country are permitted to use a different act of penance on Friday in place of abstinence, though all Fridays are days of penance on which we are required to do something expressing sorrow for our sins, just as Sundays are holy days on which we are required to worship and celebrate God's great gift of salvation.



Questions of the Week:

Adults: What daily activities can I do without so that I can use that time to renew myself in Jesus, the Messiah?

Children: What good habit can I work on in order to grow closer to Jesus?

WEEK OF FEBRUARY 21, 2021

ST. JOHN / ST. BERNARD

Pastor Father Michael Erpelding 712-423-2656
 stjohndparishhall@msn.com www.stjohnnonawa.com
 Secretary / DRE Colleen Maule 712-423-1004
 stjohndparishhall@msn.com
Office hours: 7 am–12pm Monday thru Thursday

MASS SCHEDULE :

Mon No Mass.....0:00 am
 Tue No Mass.....0:00am
 Wed Irwin & Geraldine Niewohner.....9:00 am
 Thurs No Mass0:00pm
 Fri Harold & Lillian Hausman.....9:00 am
 Sat No Mass.....0:00 am
 Sun Christieann Zobel.....9:00 am

Stewardship February 14

Envelopes/Loose \$ 880.00
 building \$
 Candles \$
 E-offering \$ 669.70
 Needy Fund \$
 Grain \$
 Christmas Offering \$
 Cath. Charities \$
 Kirby Memorial \$
St. Bernard \$ 120.00

Total: \$ 1669.70

St. John Registered Families.....185

ST. JOSEPH

Pastor Father Michael Erpelding 712-946-5635
 stjoseph@longlines.com WWW.STJOESALIX.COM
 Secretary Mary Lynn Nelson 712-946-5635
 stjoseph@longlines.com Cell 712-281-0107
 DRE Kathy Jo Mitchell 712-212-3867

MASS SCHEDULE:

Mon No Mass.....0:00am
 Tue Pat Parks.....9:00am
 Wed No Mass.....0.00pm
 Thurs No Mass.....:00 am
 Fri No Mass.....0:00 am
 Sat Parishioners of Sts.Joseph, John & Bernard..4:00 pm
 Sun Eileen Topf.....11:00 am

STEWARDSHIP FEBRUARY 14

Envelopes \$ 2225.00
 Loose: \$ 16.00
 Candles: \$ 10.26
 Cemetery PC \$
 E-offering: \$ 439.70
 Maintenance \$ 5.00
 Emergency \$ 5.00
 Food Pantry \$
 Mow & snow \$ 10.00
 Ash Wednesday\$ 150.00
 Aid to Churches \$
 Solm. Of Mary \$ 5.00
 Floor & Window \$

TOTAL: \$ 2865.96

St. Joseph Registered Families209

. JOHN				
LECTORS	SERVERS	EMS	GIFT BEARERS	USHERS
		Elmwood		
ROSARY		Homebound	Greeters	
ST. JOSEPH —				
LECTORS	SERVERS	EMS	GIFT BEARERS	USHERS
—Rosary			14- Greeters	
Stewards		Homebound		Liturgy/ Word

PLEASE PRAY FOR THE SICK OF OUR PARISHES:

Father Patrick O’Kane, Midge Stanley, Madonna Dodd, Pam Turner, Loretta Simoff, Pete Mortensen, John Heisterkamp, Charlotte Zortman, Florence Ibsgaard, Gina Mortensen, Chris Metzger, Judson Bramow, & Sherry Wince. If you know of someone who is ill and needs our prayers, and would like to be listed, or if you no longer need to be listed, contact Colleen @ office 423-1004

Lent is a Christian annual period that starts on Ash Wednesday lasting for 40 days (not including Sundays) representing the 40 days Jesus spent fasting in the wilderness. This 40 day period for Christians is a time to reflect, fast, and give penance in preparation for the resurrection of Christ Easter Sunday. Is Lent 40 days

Lent for Christians starts on Ash Wednesday and ends on either the evening of Maundy Thursday or on sundown of Holy Saturday (day before Easter Sunday). However the practices of Lent do not end until sundown on Holy Saturday for all Christian denominations. So it is 44 days from Ash Wednesday to Maundy Thursday and another two days with Good Friday and Holy Saturday added to give a total of 46 days for Lent. But Sundays are excluded from fasting during Lent and with 6 Sundays removed from the count we get lent being a 40 day liturgical period.

—————*Just For Laughs*—————

ARE THERE HMOS IN HEAVEN?

A doctor, a nurse, and the top executive of an HMO died and were in line together at the pearly gates. St. Peter asked each one what good they had done in their lives.

The doctor said, “I have devoted my life to the sick and needy and have had a part in caring for and healing thousands of people.”

St. Peter replied, “That’s great. Go ahead into heaven.”

The nurse chimed in, “I have supported the doctor and his patients my entire life as an adult, have taken time to explain things to patients, and have helped them lead healthy lives.”

“Wonderful,” says St. Peter. “Please proceed in with the doctor.”

Then the executive said, “I was the president of a very large health maintenance organization. I was responsible for the healthcare of millions of people all over the country.”

St. Peter says, “Oh, I see. Please go on in ... but you can only stay two nights!”

REMEMBER TO PRAY FOR THE SICK OF OUR PARISHES.

Father O’Kane, Fran Mitchell, Nainna Gnat, Jeri Greiner, Mike Franken, David Bogenrief, Linda Donnelly, Sue La-Croix, Bryson Harder, Justin Lamoureux, Sophie Helvey, Doreen Becker, O Roger Huot, Tristan Parks, Colleen Ebner, Bailey Cleveland, Christian Case, Brady Worrell, Cal Worrell, Connie Wagner, Kathy Clayton, Helen Martin, Glenda Ullrich, Stella Serviss, Gerrie Lamoureux. Darrell Lux, Richard Hentges, Paula Wagner. Carol Lux., Mary Lue Schnieders, & Vincent Chouquette. For all who travel, grieve, those in the military, veterans their families and our nations leaders. The candles burning on the Blessed Mother’s altar are for the military serving in foreign lands.

**WESTWOOD COMMUNITY LENTEN SERIES 2021
IS A WALK THRU THE PSALMS
THIS IS ONLINE ONLY.**

**WE WILL POST THE MID-WEEK LENTEN MESSAGES
ON OUR FACEBOOK PAGES.**

**Wednesday, February 24, 2021 Psalm 25: 1-10
Hosted by Rev. Craig Bock and
Skien Lutheran Church.**

**Wednesday, March 3, 2021 Psalm 22: 23-31
Hosted by Father Michael Erpelding and
St. Joseph Church.**

**Wednesday, March 10, 2021 Psalm 19
Hosted by Rev. Kody Killian and
The Community Church of Christ.**

**Wednesday, March 17th, 2021
Psalm 107: 1-3, 17-22**

**Wednesday, March 24th, 2021 Psalm 119: 9-16
Hosted by Rev. Craig Bock and
Skien Lutheran Church**

1ST SUNDAY OF LENT





During Lent, the Knights of Columbus will sponsor Fish Fry Dinners on February 26 and March 19. TAKE-OUT ONLY. The serving times are from 5:30 to 7:00 p.m. on both days. Drive up to either the west side or the east side of St. John church.

Face masks are required, if you come in to order. Otherwise, Knights will make delivery to your car. If you prefer to stay at home, call 431-6368 before 6pm to order dinners with free delivery within the Onawa city limits.

For \$10, the delicious menu (catered by Staley's) is Alaska Pollack, green beans, au gratin potatoes, cole slaw and roll. Thank you in advance for your patronage!

Clare Guest House, a faith-based home in Sioux City, for up to six women coming out of prison on parole, is seeking a new director. It is a fulltime, live-in position with a salary. Interested individuals should contact Martha Burchard, 712-203-0205, or Sr. Grace Ann Witte, current director, at 712-255-1916.



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