

THE CATHOLIC CHURCHES OF



ST BERNARD

201 MAIN ST, BLENCOE, IA



ST JOHN

1009 13TH ST, ONAWA, IA



ST JOSEPH

510 TIPTON ST, SALIX, IA

SIXTEENTH SUNDAY IN ORDINARY TIME

JULY 21, 2024

Parish Staff

Pastor, Rev. Shinoj Jose

(712) 423-2656

joses@scdiocese.org

Director of Faith Formation, Michelle Rethman

(712) 202-6641

michelle@stjohnparishonawa.com

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Secretary – St. John & St. Bernard, Colleen Maule

(712) 423-1004

secretary@stjohnparishonawa.com

Office Hours: Monday – Thursday

7:00 a.m. – 12:00 p.m.

Secretary – St. Joseph, Mary Brady

(712) 946-5635

secretary@stjoeparishsalix.com

Office Hours: Monday, Tues, Thurs, Friday

9:00 a.m. – 1:00 p.m.

Wednesday: 2:00pm – 6:00pm

Websites – St. John: www.stjohnonawa.com

St. Joseph: www.stjoesalix.com

Sacraments

Reconciliation: 30 min. before Mass or by appointment

Baptism: **St. John** – Sunday, 9:00 a.m.

St. Joseph – Sunday, 11:00 a.m.

Baptism Class: Contact the Director of Faith Formation

Marriage: Arrangements at least six (6) months prior to marriage. Interview with the pastor is required before date for marriage can be given.

Questions of the Week

Adults: In what ways do you rest so that you can return to your work refreshed?

Children: How will you pray and spend time with your family this week?

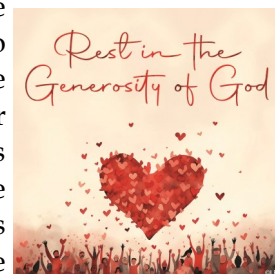
Burnout. Recent studies suggest that roughly two-thirds of doctors and nurses have signs of it. You probably know what burnout is: long-term stress leading to emotional exhaustion and a lack of a sense of personal accomplishment. Burnout can threaten anyone who tries to seriously serve and love others. How does our faith inform this challenging experience, and how do we find refreshment?

The apostles face something like burnout this week in Mark 6. They are run down from their missionary work, and Jesus says, “Come away by yourselves to a lonely place, and rest a while.” For them, and for us, it takes humility to intentionally rest. It means the world can go on without us. It stings our pride to admit God is necessary and we are not. Choosing to leave our good work to be with him – whatever the cost – is an act of humble faith. And that trust in God begins to revive us.

But there’s more to it. Hilariously, Mark tells us that throngs of needy people find out where the apostles are going and arrive ahead of them. Imagine the exasperation of the burnt-out apostles. “Can we please get a minute to ourselves? This is not healthy!” And Jesus seems to encourage the boundary violation by telling his frayed followers to feed the crowd. Look: once we move into humble rest, he calls us to more work, because we are made for love, not for rest. But Jesus does the vast bulk of the labor. He himself is the one who multiplies the small offering until everyone is satisfied.

What finally gives our heart rest isn’t more vacation time. It’s experiencing the super abundant generosity of God for us and those whom we serve.

–Father John Muir
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WEEK OF JULY 21, 2024

Mass Schedule for St. John and St. Joseph Churches

Day	Date	Time	Mass Intentions	Location
Monday	July 22		No Mass	
Tuesday	July 23	9:00 AM	Andrea McWilliams	St. Joseph
Wednesday	July 24	9:00 AM	Gary, Mike & Andy Harter	St. John
Thursday	July 25	9:00 AM	Richard Brady	St. Joseph
Friday	July 26	9:00 AM	Joe Fouts	St. John
Saturday	July 27	4:00 PM	Helen Martin	St. Joseph
Sunday	July 28	9:00 AM	Marjorie Parks	St. John
		11:00 AM	Parishioners of St. Joseph, St. John, and St. Bernard	St. Joseph

GROWING IN OUR FAITH

Question:

What can I do to help our family practice our faith each day?



Answer:

Some families practice their religion together as just another event on their schedule: go to church, observe Lent, help at the parish picnic, go to a meeting, volunteer time, make your confession, use your envelope... But the focus needs to be on who we are – God’s people, in relationship with him, loved, forgiven, and redeemed, and called to live and proclaim the Gospel. Our awareness of God’s presence and our sense of mission are supported by the daily rituals, celebrations, and traditions that help us stay focused. Sharing our faith strengthens us and clarifies the beliefs and values of Christian living.

Daily family practices include time for prayer – before meals, before bed, before important meetings and activities. Attend Sunday Mass together and discuss the homily afterward. Create family celebrations for holy days and holidays. Make religion a regular part of your discussions. Include others, especially the elderly and the less fortunate, in your activities and charitable efforts. By applying the virtues of faith, hope, and love to each day, faith becomes part of who your family is. It influences how you act towards others, what you value, and how mindful of God you are. Faith is the leaven of life that helps all of us rise to our calling and dignity as God’s people.

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RELIGIOUS EDUCATION

NEWS • NEWS • NEWS • NEWS • NEWS • NEWS • NEWS • NEWS • NEWS • NEWS

Save the date! St. Joseph begins classes on September 4th, and St. John begins on September 11th!

FORMED: Just in time for the Eucharistic Congress, this week, check out this episode on the Eucharistic Miracles with Fr. Robert Spitzer! Or check out the newest content for our youngest disciples!

FORMED®

THE CATHOLIC FAITH.
ON DEMAND.

The INCREDIBLE Eucharistic Miracles w/Fr. Robert Spitzer | Chris Stefanick Show

Did you know there are miracles that back up the true presence of the Eucharist? It's true! And I brought Fr. Robert Spitzer back to tell us about the incredible science behind them.

Our parish has a FORMED subscription.
Visit formed.org/signup and select our parish.
Scan the QR code to download the FORMED app to your phone.

An offering from the AUGUSTINE INSTITUTE and ignatius press

ST. JOHN & ST. BERNARD NEWS

St. John & St. Bernard Weekly Offering July 7, 2024

Envelopes and Loose Giving	\$953.00
E-Offering	\$94.70
Building Fund	\$25.00
St. Bernard	\$115.00
Peter's Pence	\$20.00
Flood Relief	\$321.00
Total for July 7, 2024	\$1528.70

ST. JOSEPH NEWS

St. Joseph Weekly Offering July 6-7, 2024

Envelopes and Loose Giving	\$3609.00
E-Offering	\$348.00
Candles	\$40.00
Peter's Pence	\$50.00
Food Pantry	\$50.00
Maintenance	\$25.00
Flood Relief	\$1255.00
Total for July 6-7, 2024	\$5377.00



St. Joseph is in need of 1 or 2 volunteers to launder and iron the altar linens (purificators, corporals, and towels) used at Mass. It involves a little more than just a regular wash cycle. Instruction will be provided. If this is a ministry you would like to do once a month, please contact the parish office.



Knights of Month Franklin and Wanda Heisterkamp for their generosity and 'labor of love' making and serving desserts for CCD students.

Family of Month The Knights and parishioners of St. John/St. Bernard and St. Joseph for sponsoring and attending the two meals to bid "farewell" to their beloved chaplain & priest, Fr. Michael Erpelding.



**St. Joseph Bazaar & Chicken Dinner
Sunday, September 15**



Prayer to the Shepherd

My Good Shepherd,
There are so many things I don't understand about the paths where you lead and the pastures where you release me. But I believe that you are a Good Shepherd. I have known your protection and provision in so many ways. Please keep me under your care. ©LPi



God Laughs

"How do you know that the Sea of Galilee is friendly?"



"It waves."



A lot of special things occurred at the Sea of Galilee. It's where Jesus called Peter and Andrew to be his disciples and where Jesus walked on water!

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NATIONAL
**Eucharistic
Revival**

The Catholic Church in this country is about to enter a new phase of Revival - the Year of Mission. The national committee is hopeful the upcoming National Eucharistic Congress and the pilgrimage will set the tone for this mission.

A glimpse of what is to come in the Year of Mission:

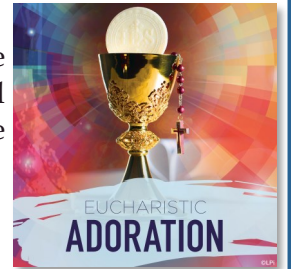
- Each Catholic will be encouraged to connect in Eucharistic friendship with one person whom the Holy Spirit identifies, entering into a special form of one-on-one accompaniment that will bring many people home to the Catholic Church.
- Non-Catholics will hear the story of salvation and learn about Jesus' Real Presence in the Eucharist for the first time.
- Every member of your parish will be invited to discern becoming a Eucharistic Missionary – spreading the Good News and being Christ to others in a way that's unique to them and their strengths. Stay tuned for the Year of Mission Playbook, a comprehensive guide to discern and embark on Eucharistic mission.



The crowds continue to follow Jesus, and when he sees them, he cannot help but be filled with love for them. Let us take our cue from these devoted disciples of Mark's Gospel, and never, ever stop seeking our Lord.

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The Holy Eucharist will be available for Adoration. All are invited to spend some time with the Lord.



Sunday, August 4

St. John, Onawa, 10 AM – 2:00 PM



REMEMBER
in your prayers

The sick of our parishes, those suffering both physically and mentally. The elderly of our parishes, that they may have enough food and shelter and care in the waning years of their lives. The young of our parishes, that they enjoy the blessings of youth and the wonders of life. The dearly departed, that their souls rest peacefully in the arms of our Lord. And lastly, our Priests, that they continue to keep the faith and find the strength to shepherd us through all our trials and tribulations.

CHRIST OUR LIFE

CATHOLIC CONFERENCE



September 28 & 29, 2024

Meet one of the Speakers: Sister Josephine Garrett, CSFN

Raised in the Baptist faith in Houston, Texas, Sister Josephine worked in the banking industry for 10 years, managing a staff of 200. She became Catholic in 2005 and professed her final vows as a religious sister in 2020. She serves as a licensed clinical mental health counselor and also in vocation ministry. Sister is passionate about the sacred value of family and educating the whole person in faith.

Here is Father Erpelding's mailing address:

Father Michael Erpelding
Diocese of Sioux City
P.O. Box 3379
Sioux City, IA 51102-3379

GOD
and keep you
BLESS